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Pre-Operative Instructions for Dental Surgery

**** VERY IMPORTANT INFORMATION – PLEASE READ CAREFULLY ****

**** COMPLETE ATTACHED “MEDICAL HISTORY UPDATE FORM” **
& RETURN IT TO YOUR DENTIST PRIOR TO SURGERY**

1. If you have any concerns or questions about the surgery, please contact Dr. Burden at 512/426-1189 or by email at david@davidburdendds.com.
2. I will be reviewing your medical history with you immediately prior to the surgery. Please be sure you are familiar with that information – especially with the name(s) and dosage(s) of any medications you are taking. If you feel that your history is relatively complicated, you will need to call me prior to the procedure so I can decide if we need to consult with your physician before the procedure is performed.
3. Patients who are minors (under 18 years of age) must have a legal guardian present to both fill out the “Medical History Update Form” and to sign the “Disclosure and Consent Form”.

If you are having I.V. (Intravenous) Conscious Sedation:

1. To reduce the chances of nausea, do not eat or drink anything (including water) for at least six hours prior to your appointment.
 - If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment.
 - If your surgery is in the afternoon, a light breakfast before 7:00 a.m. is encouraged.
 - Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water.
2. A responsible adult, over 18 years of age, should accompany you to the office and remain in the office during the entire procedure. Following the sedation, this responsible adult should remain with you for the next 24 hours.
3. If receiving intravenous sedation, you should wear clothing, which is not restricting to the neck or arms. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder. Also, please be sure to wear shoes that are securely fastened; no flip-flops or loose-fitting sandals, please.
4. Following the sedation, you should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.
5. There are important differences between general anesthesia (being completely asleep) and I.V. Conscious Sedation. If you have any questions about the I.V. Conscious Sedation process, please feel free to contact Dr. Burden at 512/426-1189 prior to the procedure.

**NOTE: Additional pre-operative information can be found at www.davidburdendds.com.
I recommend you preview the “Disclosure and Consent Form” on the Web site,
or you can request a copy from your dentist.**